The travel award grant contributed towards flights to Montreal to attend the 2018 American Society of Bone and Mineral Research annual conference. This is the leading conference in the field and was a great opportunity to share some of the findings of my PhD, to meet other early career researchers and listen to presentations from some the leading names in the field of bone research.

As a PhD student this was the first major conference I attended and the experience of learning from established researchers in the field, how they carry out and present their work was invaluable. It was also a great opportunity to meet other researchers, including plenty from the BRS in the UK. But also researchers in the field from the US, Canada, Australia and many more countries. Being able to speak face to face with researchers I have read and used in my own work and to see what their latest projects are was a highlight of the conference. As well as meeting people who are in their first few years post PhD and getting advice on the next stage of my career.

Without the BRS Travel Award it would have much been more difficult to travel to Canada and enjoy everything the conference has to offer. Many thanks to the Society and I look forward to future meetings with the BRS.