BRS Oxford Clinical Training Course in Osteoporosis and Other Metabolic Bone Diseases 2024

Monday 25 – Wednesday 27 March 2024
(Merton College, Oxford, UK)

FACULTY AND ORGANISING COMMITTEE

Chairs:
Professor Tash Masud, Consultant Gerontologist (Nottingham University Hospital, NHS Trust, Nottingham, UK)
Dr Kassim Javaid, Professor in Osteoporosis and Rare Bone Diseases (Oxford University Hospitals NHS Trust, Oxford, UK)

Faculty:
Professor Bo Abrahamsen, Consultant Endocrinologist (Holbæk Hospital, Holbæk, Denmark)
Dr Katie Barber, Clinical Director and Accredited Menopause Specialist Oxford Menopause (Oxford, UK)
Professor Emma Clark, Rheumatology & Osteoporosis Consultant (North Bristol NHS Trust, Bristol, UK)
Professor Terence O’Neill, Professor of Rheumatology and Clinical Epidemiology (University of Manchester, UK)
Dr Adam Darowski, Consultant Geriatrician (Oxford University Hospitals NHS Trust, Oxford, UK)
Professor Emma Duncan, Consultant Endocrinologist (Kings College, London, UK)
Professor Celia Gregson, Consultant Gerontologist (Royal United Hospital, Bath, UK)
Professor Richard Keen, Consultant Rheumatologist (Stanmore, UK)
Dr Karen Partington, Consultant Musculoskeletal Radiologist (Oxford, UK)
Dr Zoe Paskins, Professor of Rheumatology and Honorary Consultant (Keele University, Staffordshire, UK)
Professor Mike Stone, Consultant Physician & Director of Bone Research (University of Cardiff, Cardiff, UK)
Professor Jon Tobias, Consultant Rheumatologist (North Bristol NHS Trust, Bristol, UK)
PROGRAMME

Monday 25 March - OSTEOPOROSIS (1)

10:30 REGISTRATION

11:00 Welcome

11:05 Basic bone biology
   Jon Tobias (Bristol)

11:45 Epidemiology of osteoporosis
   Terence O’Neill (Manchester)

12:25 Update on osteoporosis therapies
   Tash Masud (Nottingham)

13:05 LUNCH

14:00 Menopausal Hormonal Treatment and bone health - risks, benefit and practical prescribing
   Katie Barber (Oxford)

14:40 Safety issues with osteoporosis treatments
   Bo Abrahamsen (Holbæk)

15:20 Practical issues in treating osteoporosis
   Richard Keen (Stanmore)

16:00 REFRESHMENT BREAK

16:30 Case-based discussion

17:30 END OF SESSIONS

19:00 FREE EVENING
Tuesday 26 March – OSTEOPOROSIS (2), FALLS AND FRAILTY

08:45  Secondary osteoporosis
       Zoe Paskins (Keele)

09:25  Renal bone disease
       Mike Stone (Cardiff)

10:05  Vertebral fractures
       Emma Clark (Bristol)

10:45  REFRESHMENT BREAK

11:10  Workshops on osteoporosis investigation and treatment

       Interpreting and reporting DEXA scans
       Jon Tobias (Bristol)

       Bone markers
       Zoe Paskins (Keele)

       Early onset osteoporosis
       Emma Clark (Bristol)

       Lifestyle factors in osteoporosis
       Tash Masud (Nottingham)

13:05  LUNCH

14:00  Non-pharmacological treatments
       Tash Masud (Nottingham)

14:35  Fracture Liaison Services
       Kassim Javaid (Oxford)

15:10  In patient management of hip fractures
       Celia Gregson (Bristol)

15:45  REFRESHMENT BREAK

16:15  Osteoporosis and link with sarcopenia, frailty and nutrition
       Celia Gregson (Bristol)

16:50  Falls prevention, assessment and management strategies
       Adam Darowski (Oxford)

17:25  END OF SESSIONS

18:45  RECEPTION AND COURSE DINNER (The Hall - Merton College)
Wednesday 27 March – OTHER METABOLIC BONE DISEASES

08:45  Paget's and rare bone diseases  
       Richard Keen (London)

09:20  Calcium and phosphate homeostasis  
       Kassim Javaid (Oxford)

09:55  Osteomalacia and related disorders  
       Emma Duncan (London)

10:35  REFRESHMENT BREAK

11:00  Management of hypercalcaemia and hyperparathyroidism  
       Bo Abrahamsen (Holbæk)

11:35  Radiology of rare bone diseases  
       Karen Partington (Oxford)

12:05  Genetic testing in the clinic: The basics  
       Emma Duncan (London)

12:35  Expect the unexpected in your clinic: some interesting cases  
       Chair - Mike Stone (Cardiff)

Case 1  
       Chamith Rosa (Coventry)

Case 2  
       Muhammad Faiz Muhamad (Dublin)

13:05  Close of course  
       Tash Masud and Kassim Javaid

13:10  BUFFET LUNCH IN MERTON HALL

14:00  DELEGATES DEPART