BRS Oxford Clinical Training Course in Osteoporosis and Other Metabolic Bone Diseases 2024

Monday 25 – Wednesday 27 March 2024
(Merton College, Oxford, UK)

FACULTY AND ORGANISING COMMITTEE

**Chairs:**
Professor Tash Masud, Consultant Gerontologist *(Nottingham University Hospital, NHS Trust, Nottingham, UK)*
Dr Kassim Javaid, Consultant Rheumatologist *(Oxford University Hospitals NHS Trust, Oxford, UK)*

**Faculty:**
Professor Bo Abrahamsen, Consultant Endocrinologist *(Holbæk Hospital, Holbæk, Denmark)*
Dr Katie Barber, Clinical Director and Accredited Menopause Specialist Oxford Menopause (Oxford, UK)
Professor Emma Clark, Rheumatology & Osteoporosis Consultant *(North Bristol NHS Trust, Bristol, UK)*
Professor Terence O’Neill, Professor of Rheumatology and Clinical Epidemiology *(University of Manchester, UK)*
Dr Adam Darowski, Consultant Geriatrician *(Oxford University Hospitals NHS Trust, Oxford, UK)*
Professor Emma Duncan, Consultant Endocrinologist *(Kings College, London, UK)*
Professor Celia Gregson, Consultant Gerontologist *(Royal United Hospital, Bath, UK)*
Professor Richard Keen, Consultant Rheumatologist *(Stanmore, UK)*
Dr Karen Partington, Consultant Musculoskeletal Radiologist *(Oxford, UK)*
Dr Zoe Paskins, Honorary Consultant Rheumatologist *(Keele University, Staffordshire, UK)*
Professor Mike Stone, Consultant Physician & Director of Bone Research *(University of Cardiff, Cardiff, UK)*
Professor Jon Tobias, Consultant Rheumatologist *(North Bristol NHS Trust, Bristol, UK)*
PROGRAMME

Monday 25 March - OSTEOPOROSIS (1)

10:30 REGISTRATION

11:00 Welcome

11:05 Basic bone biology
Jon Tobias (Bristol)

11:45 Epidemiology of osteoporosis
Terence O’Neill (Manchester)

12:25 Update on osteoporosis therapies
Tash Masud (Nottingham)

13:05 LUNCH

14:00 Menopausal Hormonal Treatment and bone health - risks, benefit and practical prescribing
Katie Barber (Oxford)

14:40 Safety issues with osteoporosis treatments
Bo Abrahamsen (Holbæk)

15:20 Practical issues in treating osteoporosis
Richard Keen (Stanmore)

16:00 REFRESHMENT BREAK

16:30 Case-based discussion

17:30 END OF SESSIONS

19:00 FREE EVENING
Tuesday 26 March – OSTEOPOROSIS (2), FALLS AND FRAILTY

08:45  Secondary osteoporosis  
       Zoe Paskins (Keele)

09:25  Renal bone disease  
       Mike Stone (Cardiff)

10:05  Vertebral fractures  
       Emma Clark (Bristol)

10:45  REFRESHMENT BREAK

11:10  Workshops on osteoporosis investigation and treatment

       Interpreting and reporting DEXA scans  
       Jon Tobias (Bristol)

       Bone markers  
       Zoe Paskins (Keele)

       Early onset osteoporosis  
       Emma Clark (Bristol)

       Lifestyle factors in osteoporosis  
       Tash Masud (Nottingham)

13:05  LUNCH

14:00  Non-pharmacological treatments  
       Tash Masud (Nottingham)

14:35  Fracture Liaison Services  
       Kassim Javaid (Oxford)

15:10  In patient management of hip fractures  
       Celia Gregson (Bristol)

15:45  REFRESHMENT BREAK

16:15  Osteoporosis and link with sarcopenia, frailty and nutrition  
       Celia Gregson (Bristol)

16:50  Falls prevention, assessment and management strategies  
       Adam Darowski (Oxford)

17:25  END OF SESSIONS

18:45  RECEPTION AND COURSE DINNER (The Hall - Merton College)

www.boneresearchsociety.org  e: events@boneresearchsociety.org
**Wednesday 27 March – OTHER METABOLIC BONE DISEASES**

08:45  Paget’s and rare bone diseases  
*Richard Keen (London)*

09:20  Calcium and phosphate homeostasis  
*Kassim Javaid (Oxford)*

09:55  Osteomalacia and related disorders  
*Emma Duncan (London)*

10:35  REFRESHMENT BREAK

11:00  Management of hypercalcaemia and hyperparathyroidism  
*Bo Abrahamsen (Holbæk)*

11:35  Radiology of rare bone diseases  
*Karen Partington (Oxford)*

12:05  Genetic testing in the clinic: The basics  
*Emma Duncan (London)*

12:20  Expect the unexpected in your clinic: some interesting cases  
*Chair - Mike Stone (Cardiff)*

(Deadline for submitting delegate cases – Monday 26th February 2024)

12:50  Close of course  
*Tash Masud and Kassim Javaid*

13:00  BUFFET LUNCH IN MERTON HALL

14:00  DELEGATES DEPART