26-28 March 2018
Merton College, Oxford, UK

PROGRAMME

FACULTY AND ORGANISING COMMITTEE

Chairs:
Professor Tash Masud, Consultant Gerontologist, Nottingham University Hospital NHS Trust
Professor Jon Tobias, Consultant Rheumatologist, North Bristol NHS Trust
Professor Bo Abrahamsen, Consultant Endocrinologist, Holbæk Hospital, Holbæk, Denmark
Dr Emma Clark, Rheumatology & Osteoporosis Consultant at North Bristol NHS Trust
Professor Cyrus Cooper, Consultant Rheumatologist, Southampton University Hospitals NHS Trust & Chair of Musculoskeletal Science at the University of Oxford
Dr Adam Darowski, Consultant Geriatrician, Oxford University Hospitals NHS Trust
Dr Kassim Javaid, Consultant Rheumatologist, Oxford University Hospitals NHS Trust
Dr Richard Keen, Consultant Rheumatologist, Stanmore
Dr Nicky Peel, Consultant Physician and Honorary Senior Clinical Lecturer in Metabolic Bone Medicine, Sheffield
Professor Mike Stone, Consultant Physician & Director of Bone Research, University of Cardiff
Mr David Wilson, Consultant Musculoskeletal Radiologist, Oxford
MONDAY 26 MARCH - OSTEOPOROSIS

10:30  REGISTRATION

11:00  Welcome

11:05  Basic bone biology
  Jon Tobias (Bristol)

11:50  Epidemiology of osteoporosis
  Cyrus Cooper (Oxford)

12:35  LUNCH

13:45  Update on osteoporosis therapies
  Tash Masud (Nottingham)

14:30  Safety issues with osteoporosis treatments
  Bo Abrahamsen (Holbæk)

15:15  Practical issues in treating osteoporosis
  Richard Keen (Stanmore)

15:45  REFRESHMENT BREAK

16:15  Case-based discussion
  Richard Keen (Stanmore)/Tash Masud (Nottingham)/Nicky Peel (Sheffield)/Jon Tobias (Bristol)

17:00  Secondary osteoporosis
  Nicky Peel (Sheffield)

17:45  END OF SESSIONS

19:00  DINNER (Merton College)
TUESDAY 27 MARCH – ASSESSMENT, SERVICE DEVELOPMENT, FALLS AND METABOLIC BONE DISEASE

08:45 Renal bone disease
   Mike Stone (Cardiff)

09:30 Other metabolic bone diseases, including Paget’s disease
   Richard Keen (London)

10:00 Management of hypercalcaemia and hyperparathyroidism
   Mike Stone (Cardiff)

10:45 REFRESHMENT BREAK

11:15 Workshops on clinical issues in management of metabolic bone diseases

   1. Cancer and bone
      Jon Tobias (Bristol)

   2. Case-based discussions in metabolic bone disease
      Richard Keen (Stanmore)

   3. Bone markers
      Nicky Peel (Sheffield)

12:45 LUNCH

13:45 Uses and abuses of Fracture Prediction Tools
   Richard Keen (Stanmore)

14:25 Interpreting and reporting DEXA scans
   Nicky Peel (Sheffield)

15:05 Fracture Liaison Services
   Kassim Javaid (Oxford)

15:30 REFRESHMENT BREAK

16:00 Round table discussion: Service development
   Kassim Javaid (Oxford)/Tash Masud (Nottingham)/Nicky Peel (Sheffield)/Jon Tobias (Bristol)

16:30 Osteoporosis and link with sarcopenia, frailty and nutrition
   Tash Masud (Nottingham)

17:00 Falls prevention, assessment and management strategies
   Adam Darowski (Oxford)

17:30 END OF SESSIONS

19:00 RECEPTION and COURSE DINNER (St Peters’ College)
WEDNESDAY 28 MARCH - MISCELLANEOUS

08:30 Radiology
Richard Wilson (Oxford)

09:00 Vertebral fractures
Emma Clark (Bristol)

09:30 Practical Workshops

1. Expect the unexpected in your clinic: some interesting cases
   Bo Abrahamsen (Holbæk)

2. Early onset osteoporosis, including anorexia
   Emma Clark (Bristol)

3. Lifestyle factors in osteoporosis
   Tash Masud (Nottingham)

11:00 REFRESHMENT BREAK

11:30 Osteomalacia
Kassim Javaid (Oxford)

12:00 The benefits and harm of calcium and vitamin D in treating osteoporosis
   Bo Abrahamsen (Holbæk)

12:30 Non pharmacological treatments for osteoporosis
   Tash Masud (Nottingham)

13:00 LUNCH AND CLOSE OF COURSE