OSTEOPOROSIS & OTHER METABOLIC BONE DISEASES

A training course organised by the Bone Research Society

3-5 April 2017
Merton College, Oxford, UK

PROGRAMME

FACULTY AND ORGANISING COMMITTEE

Chairs:
Professor Tash Masud, Consultant Gerontologist, Nottingham University Hospital NHS Trust
Professor Jon Tobias, Consultant Rheumatologist, North Bristol NHS Trust
Professor Bo Abrahamsen, Consultant Endocrinologist, Holbæk Hospital, Holbæk, Denmark
Professor Cyrus Cooper, Consultant Rheumatologist, Southampton University Hospitals NHS Trust & Chair of Musculoskeletal Science at the University of Oxford
Dr Adam Darowski, Consultant Geriatrician, Oxford University Hospitals NHS Trust
Dr Kassim Javaid, Consultant Rheumatologist, Oxford University Hospitals NHS Trust
Dr Richard Keen, Consultant Rheumatologist, Stanmore
Dr Nicky Peel, Consultant Physician and Honorary Senior Clinical Lecturer in Metabolic Bone Medicine, Sheffield
Dr Peter Selby, Consultant Endocrinologist, Manchester Royal Infirmary
Dr Mike Stone, Consultant Physician & Director of Bone Research, University of Cardiff

The course is organised by the Bone Research Society with the support of Unrestricted Educational Grants from Amgen, Consilient Health Ltd, Eli Lilly, Internis, Stirling Anglian, UCB.
MONDAY 3 APRIL - OSTEOPOROSIS

10:30 REGISTRATION

11:00 Welcome

11:05 Basic bone biology
Jon Tobias (Bristol)

11:50 Epidemiology of osteoporosis
Cyrus Cooper (Oxford)

12:35 LUNCH

13:45 Update on osteoporosis therapies
Tash Masud (Nottingham)

14:30 Safety issues with osteoporosis treatments
Bo Abrahamsen (Copenhagen)

15:15 Practical issues in treating osteoporosis
Richard Keen (Stanmore)

15:45 REFRESHMENT BREAK

16:15 Debate/case-based discussion
Richard Keen (Stanmore)/Tash Masud (Nottingham)/Nicky Peel (Sheffield)/Jon Tobias (Bristol)

17:00 Secondary osteoporosis
Nicky Peel (Sheffield)

17:45 END OF SESSIONS

19:00 DINNER (Merton College)
TUESDAY 4 APRIL – ASSESSMENT, SERVICE DEVELOPMENT, FALLS AND METABOLIC BONE DISEASE

08:45  Uses and abuses of Fracture Prediction Tools  
       Richard Keen (Stanmore)

09:25  Interpreting and reporting DEXA scans  
       Nicky Peel (Sheffield)

10:05  Fracture Liaison Services  
       Kassim Javaid (Oxford)

10:30  Round table discussion: Service development  
       Kassim Javaid (Oxford)/Tash Masud (Nottingham)/Nicky Peel (Sheffield)/Jon Tobias (Bristol)

11:00  REFRESHMENT BREAK

11:30  Osteoporosis and link with sarcopenia, frailty and nutrition  
       Tash Masud (Nottingham)

12:00  Falls prevention, assessment and management strategies  
       Adam Darowski (Oxford)

12:30  LUNCH

13:30  Renal bone disease  
       Mike Stone (Cardiff)

14:15  Paget’s disease of the bone – diagnosis and treatment  
       Peter Selby (Manchester)

14:45  REFRESHMENT BREAK

15:15  Management of hypercalcaemia and hyperparathyroidism  
       Mike Stone (Cardiff)

15:45  Other metabolic bone diseases  
       Richard Keen (London)

16:15  Workshops on clinical issues in management of metabolic bone diseases

   1.  Early onset osteoporosis  
       Peter Selby (Manchester)

   2.  Case-based discussions in metabolic bone disease  
       Richard Keen (Stanmore)

   3.  Bone markers  
       Nicky Peel (Sheffield)

17:45  END OF SESSIONS

19:00  RECEPTION and COURSE DINNER (St Peters’ College)

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WEDNESDAY 5 APRIL - MISCELLANEOUS

08:45  Vertebra fractures  
       Jon Tobias (Bristol)

09:15  Practical Workshops

1.  Expect the unexpected in your clinic: some interesting cases  
    Bo Abrahamsen (Copenhagen)

2.  Cancer and bone  
    Jon Tobias (Bristol)

3.  Lifestyle factors in osteoporosis  
    Tash Masud (Nottingham)

10:45  REFRESHMENT BREAK

11:45  Osteomalacia  
       Kassim Javaid (Oxford)

11:15  The benefits and harm of calcium and vitamin D in treating osteoporosis  
       Bo Abrahamsen (Copenhagen)

12:15  Non pharmacological treatments for osteoporosis  
       Tash Masud (Nottingham)

12:45  CLOSE OF COURSE

12:50  LUNCH