OSTEOPOROSIS
& OTHER METABOLIC BONE DISEASES

A clinical training course organised by
the Bone Research Society

6 - 8 April 2020
Merton College, Oxford, UK

PROGRAMME

FACULTY AND ORGANISING COMMITTEE

Chairs:
Professor Tash Masud, Consultant Gerontologist, Nottingham University Hospital NHS Trust
Professor Jon Tobias, Consultant Rheumatologist, North Bristol NHS Trust
Professor Bo Abrahamsen, Consultant Endocrinologist, Holbæk Hospital, Holbæk, Denmark
Dr Emma Clark, Rheumatology & Osteoporosis Consultant at North Bristol NHS Trust
Professor Cyrus Cooper, Consultant Rheumatologist, Southampton University Hospitals NHS Trust & Chair of Musculoskeletal Science at the University of Oxford
Dr Adam Darowski, Consultant Geriatrician, Oxford University Hospitals NHS Trust
Dr Kassim Javaid, Consultant Rheumatologist, Oxford University Hospitals NHS Trust
Dr Richard Keen, Consultant Rheumatologist, Stanmore
Dr Nicola Peel, Consultant Physician and Honorary Senior Clinical Lecturer in Metabolic Bone Medicine, Sheffield
Professor Mike Stone, Consultant Physician & Director of Bone Research, University of Cardiff
Mr David Wilson, Consultant Musculoskeletal Radiologist, Oxford

www.boneresearchsociety.org
MONDAY 6 APRIL - OSTEOPOROSIS

10:30 REGISTRATION

11:00 Welcome

11:05 Basic bone biology
   Jon Tobias (Bristol)

11:50 Epidemiology of osteoporosis
   Cyrus Cooper (Southampton/Oxford)

12:35 LUNCH

13:45 Update on osteoporosis therapies
   Tash Masud (Nottingham)

14:30 Secondary osteoporosis
   Nicola Peel (Sheffield)

15:15 Practical issues in treating osteoporosis
   Richard Keen (Stanmore)

15:45 REFRESHMENT BREAK

16:15 Case-based discussion
   Tash Masud (Nottingham)/Nicola Peel (Sheffield)/Jon Tobias (Bristol)

17:00 Safety issues with osteoporosis treatments
   Bo Abrahamsen (Holbæk)

17:45 END OF SESSIONS

19:00 DINNER (Merton College)
TUESDAY 7 APRIL – ASSESSMENT, SERVICE DEVELOPMENT, FALLS AND METABOLIC BONE DISEASE

08:45 Renal bone disease
   Mike Stone (Cardiff)

09:30 Other metabolic bone diseases, including Paget’s disease
   Richard Keen (Stanmore)

10:00 Management of hypercalcaemia and hyperparathyroidism
   Mike Stone (Cardiff)

10:45 REFRESHMENT BREAK

11:15 Workshops on clinical issues in management of metabolic bone diseases

   Interpreting and reporting DEXA scans
   Jon Tobias (Bristol)

   Case-based discussions in metabolic bone disease
   Richard Keen (Stanmore)

   Bone markers
   Nicola Peel (Sheffield)

13:00 LUNCH

14:00 Workshops on assessment and service development

   Uses and abuses of Fracture Prediction Tools
   Richard Keen (Stanmore)

   Fracture Liaison Services
   Kassim Javaid (Oxford)

   Service development
   Jon Tobias (Bristol)

15:45 REFRESHMENT BREAK

16:15 Osteoporosis and link with sarcopenia, frailty and nutrition
   Tash Masud (Nottingham)

16:45 Falls prevention, assessment and management strategies
   Adam Darowski (Oxford)

17:15 END OF SESSIONS

19:00 RECEPTION and COURSE DINNER (Pembroke College)
WEDNESDAY 8 APRIL - MISCELLANEOUS

08:30  Radiology
       David Wilson (Oxford)

09:00  Vertebral fractures
       Emma Clark (Bristol)

09:30  Practical Workshops

   Expect the unexpected in your clinic: includes bring your own cases
   Bo Abrahamsen (Holbæk)

   Early onset osteoporosis, including anorexia
   Emma Clark (Bristol)

   Lifestyle factors in osteoporosis
   Tash Masud (Nottingham)

11:15  REFRESHMENT BREAK

11:45  Osteomalacia
       Kassim Javaid (Oxford)

12:10  The benefits and harm of calcium and vitamin D in treating osteoporosis
       Bo Abrahamsen (Holbæk)

12:35  Non pharmacological treatments for osteoporosis
       Tash Masud (Nottingham)

13:00  LUNCH AND CLOSE OF COURSE

1 If you are able to bring your own case along, please do this by sending either a half page case history or 3 powerpoint slides to events@boneresearchsociety.org no later than 10 March 2020. We will let you know before the course if your case will be included.