

# BRS Online Clinical Training Course in Osteoporosis and Other Metabolic Bone Diseases 2021

# **Delegate Information**

#### Date and time

Monday 22 March – INTRODUCTION (16:00-17:00)

Monday 29 March 2021 - WEEK 1 - Osteoporosis 1 (16.00-18.30)

Monday 12 April 2021 - WEEK 2 - Osteoporosis 2 (16.00-18.30)

Monday 19 April 2021 - WEEK 3 - Metabolic Bone Disease (16.00-18.30)

## **Overview of the Course**

The first hour long session on Monday 22 March will be an introduction to the next three sessions. Thereafter, each week will follow the same format of feedback from the previous weeks' pre recorded talks and then some additional live lectures. The full programme can be found <a href="here">here</a> on the Training Course website page.

We have planned this year's online course to be fully interactive for all delegates and would like to encourage questions, either live or via the Chat Box. This will be monitored and managed by our chairs and moderators.

As well as the chat box, we encourage delegates to use the 'hands up' button or of course just hold their hand up physically and the moderators will keep an eye out for you and then ask you to unmute your microphone to speak.

We will be asking delegates to email their feedback each week after they have watched the pre recorded lectures and we will start each feedback session with a selection of these pre submitted comments.

# **Weekly Zoom Links**

The course will be run on the interactive Zoom Meetings platform and you will receive the Zoom link for each Monday afternoon on the Friday before. We will resend the link on the Monday morning as well.

For each session, you can log on up to 5 minutes in advance and you will be held in a Zoom waiting room and admitted at 16:00 to the live session.

#### **Pre Recorded Content**

A password protected link will be sent to all delegates each Monday after the session has ended as follows:

- Monday 22 March you will receive the link for WEEK 1 OSTEOPORORIS 1 (approximately 4.5 hours of content)
- Monday 29 March you will receive the link for WEEK 2 OSTEOPOROSIS 2 (approximately 4.5 hours of content)
- Monday 12 April you will receive the link for WEEK 3 METABOLIC BONE DISEASE (approximately 2.5 hours of content)

To access the pre recorded lectures you will need to log back onto your BRS registration form and you will be able to then gain access to a special page where the pre recorded lectures will have been uploaded. Please email <a href="mailto:events@boneresearchsociety.org">events@boneresearchsociety.org</a> if you have any questions about this.

The recorded lectures will remain on the website, accessible to paying delegates for the BRS CTC 2021 course, until the end of the year (2021)

# **Continuing Professional Development (CPD)**

The BRS Online Clinical Training Course 2021 has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 20 category 1 (external) CPD credit(s).

#### **Evaluation Form and Certificate of Attendance**

You will be sent an evaluation form on the final day or the course (19 April) which should be completed and submitted online (this is different to weekly pre records feedback). When we receive the completed evaluation form, we will send you your Certificate of Attendance.

# Recording

We will be recording all sessions and these will be available on the BRS website after the course has finished on 19<sup>th</sup> April.

# **Zoom Meeting Best Practice Tips**

- For the best experience we suggest you use Chrome and the latest version of Zoom
- Join the event in a quiet space wherever possible this will help reduce background noise
- When you join the meeting, please can you ensure that your name (first name/surname) is correct on your picture so that the chairs and hosts can identify you. You can change this yourselves or send a message to the BRS event team in the chat box and we can do this for you.
- As an attendee, your audio will only be heard if asked to switch on by the host or chairs, you can virtually raise your hand and take part in polls
- Please be aware that your sound can be heard by all attendees when your video box is highlighted if you forget to turn off your mic, the BRS event team may do that for you
- Questions can be typed into the **Chat Box** and sent to 'everyone' or you can select specific people to send a message to. For the feedback and general Q&A sessions we suggest sending to everyone so that the course is as interactive as it can be
- The BRS event team will manage all IT/admin questions which come into the chat box and the host and chairs of each session will manage the scientific questions.
- If we run out of time in the Q&A/discussion segments the moderators will continue to respond to questions via the Chat box
- Please do feel free to leave your camera on throughout the presentations, but please be aware of your surroundings as all attendees logged onto the meeting will be able to see where you are.
- Should you be interacting in the feedback sessions we request that you switch your camera on as this will make it easier for the chairs to discuss your question with you
- When you're not talking, please press mute. Please don't eat/type during the live session
  when not on mute, and please turn your phone on silent as everyone will be able
  to hear!
- Sit close to the screen, but not too close. Your face should fill most of it and we should be able to see your whole face
- Think about lighting in the room. Don't sit with the window behind you
- Use an external microphone or headset if possible (but laptop/computer microphone should be fine).

#### Website

Please click <u>here</u> for the BRS Clinical Training Course 2021 website where you will find the full programme.

## **Social events**

Unfortunately, we will not be arranging any online or virtual social events in conjunction with this year's Clinical Training Course.

We look forward to welcoming you to this year's online Course!

In case of any queries please contact:

Kate Chick - BRS Event Manager

events@boneresearchsociety.org