



# BRS Oxford Clinical Training Course in Osteoporosis and Other Metabolic Bone Diseases 2026

**Tuesday 24 March – Thursday 26 March 2026**  
*(Merton College, Oxford, UK)*

## FACULTY AND ORGANISING COMMITTEE

### **Chairs:**

Professor Tahir (Tash) Masud, Consultant Physician in Internal and Geriatric Medicine (*Nottingham University Hospital, NHS Trust, Nottingham, UK*)

Professor Kassim Javaid, Professor in Osteoporosis and Rare Bone Diseases (*Oxford University Hospitals NHS Trust, Oxford, UK*)

### **Faculty:**

Professor Bo Abrahamsen, Consultant Endocrinologist (*Holbæk Hospital, Holbæk, Denmark*)

Professor David Armstrong, Consultant Rheumatologist (*Western Health Trust, Londonderry, Northern Ireland*)

Sarah Connacher, Lead Specialist Nurse Practitioner (*Fracture Prevention & Osteoporosis Service, Oxford, UK*)

Professor Richard Keen, Consultant Rheumatologist (*Stanmore, UK*)

Professor Terence O'Neill, Professor of Rheumatology and Clinical Epidemiology (*University of Manchester, UK*)

Dr Karen Partington, Consultant Musculoskeletal Radiologist (*Oxford, UK*)

Dr Zoe Paskins, Professor of Rheumatology and Honorary Consultant (*Keele University, Staffordshire, UK*)

Dr Madhavi Vindlacheruvu, Consultant Orthogeriatrician (*Addenbrooke's Hospital, Cambridge University Hospitals NHS Foundation Trust, Cambridge, UK*)

# PROGRAMME

## Tuesday 24 March 2026 - OSTEOPOROSIS (1)

10:30	REGISTRATION
11:00	<b>Welcome</b>
11:05	<b>Basic bone biology for clinicians</b> <i>David Armstrong (Londonderry)</i>
11:45	<b>Epidemiology of osteoporosis</b> <i>Terence O'Neill (Manchester)</i>
12:25	<b>Update on osteoporosis therapies</b> <i>Tash Masud (Nottingham)</i>
13:05	LUNCH
14:00	<b>Vertebral fractures</b> <i>Zoe Paskins (Keele)</i>
14:40	<b>Safety issues with osteoporosis treatments</b> <i>Bo Abrahamsen (Holbæk)</i>
15:20	<b>Practical issues in assessing and treating osteoporosis</b> <i>Richard Keen (Stanmore)</i>
16:00	REFRESHMENT BREAK
16:30	<b>Case-based discussions</b> <b>Cancer and bone: Endocrine chemotherapy associated bone loss &amp; myeloma</b> <b>MGUS and ONJ cases</b> <b>DMAB low calcium</b> <i>David Armstrong, Tash Masud &amp; Kassim Javaid</i>
17:30	END OF SESSIONS
19:00	FREE EVENING – Optional drinks in College Bar and Walking Tour of Oxford

# Wednesday 25 March 2026 – OSTEOPOROSIS (2), FALLS AND FRAILTY

- 08:45      **Secondary osteoporosis**  
*Zoe Paskins (Keele)*
- 09:25      **Renal bone disease**  
*Kassim Javaid (Oxford)*
- 10:05      **Menopausal hormonal treatment and bone health - risks, benefit and practical prescribing**  
*Bo Abrahamsen (Holbæk)*
- 10:45      **REFRESHMENT BREAK**
- 11:10      **Workshops on osteoporosis investigation and treatment - case based approach**
- Interpreting and reporting DEXA scans**  
*David Armstrong (NI)*
- Making the decision with patients**  
*Zoe Paskins (Keele)*
- Early onset osteoporosis**  
*Bo Abrahamsen (Holbæk)*
- Lifestyle factors in osteoporosis**  
*Tash Masud (Nottingham)*
- 13:05      **LUNCH**
- 14:00      **Falls**  
*Tash Masud (Nottingham)*
- 14:35      **Fracture Liaison Services**  
*Sarah Connacher (Oxford)*
- 15:10      **In patient management of hip fractures**  
*Madhavi Vindlacheruvu (Cambridge)*
- 15:45      **REFRESHMENT BREAK**
- 16:15      **Osteoporosis and link with sarcopenia, frailty and nutrition**  
*Madhavi Vindlacheruvu (Cambridge)*
- 16:50      **General panel discussion with faculty: Q&A**
- 17:30      **END OF SESSIONS**
- 18:45      **RECEPTION AND COURSE DINNER (The Hall - Merton College)**

## Thursday 26 March 2026 – OTHER METABOLIC BONE DISEASES

- 08:45            **Paget’s, OI, hypophosphatasia, FOP**  
*Richard Keen (London)*
- 09:20            **Fibrous dysplasia, achondroplasia, pyrophosphate disorders**  
*Kassim Javaid (Oxford)*
- 09:55            **Osteomalacia and related disorders**  
*Richard Keen (London)*
- 10:35            **REFRESHMENT BREAK**
- 11:00            **Common calcium disorders**  
*Bo Abrahamsen (Holbæk)*
- 11:35            **Radiology of rare bone diseases**  
*Karen Partington (Oxford)*
- 12:05            **Genetic testing in the clinic: The basics**  
*Kassim Javaid (Oxford)*
- 12:35            **Expect the unexpected in your clinic: some interesting cases**  
*Chairs: Tash Masud & Kassim Javaid*
- Case 1 – “Acute neck of femur fracture - Atraumatic”**  
*Vinod John (Blackburn)*
- Case 2 – “A case report for chronic recurrent multi focal osteomyelitis in a young person”**  
*Syed Mehdi (Nottingham)*
- Case 3 – “Atypical femoral fracture following five years of Denosumab treatment: A clinical case analysis”**  
*Devi Mohan (Dublin)*
- 13:05            **Close of course**  
*Tash Masud & Kassim Javaid*
- 13:10            **BUFFET LUNCH IN MERTON HALL**
- 14:00            **DELEGATES DEPART**