



BRS Oxford Clinical Training Course in Osteoporosis and Other Metabolic Bone Diseases 2027

Tuesday 23 March – Thursday 25 March 2027
(Merton College, Oxford, UK)

FACULTY AND ORGANISING COMMITTEE

Chairs:

Professor Tahir (Tash) Masud, Consultant Physician in Internal and Geriatric Medicine (*Nottingham University Hospital, NHS Trust, Nottingham, UK*)

Professor Kassim Javaid, Professor in Osteoporosis and Rare Bone Diseases (*Oxford University Hospitals NHS Trust, Oxford, UK*)

Faculty:

Professor Bo Abrahamsen, Consultant Endocrinologist (*Holbæk Hospital, Holbæk, Denmark*)

Professor David Armstrong, Consultant Rheumatologist (*Western Health Trust, Londonderry, Northern Ireland*)

Dr Katie Barber, Clinical Director and Accredited Menopause Specialist Oxford Menopause (*Oxford, UK*)

Professor Alex Comninos, Consultant in Endocrinology & General Internal Medicine (*Imperial College, London, UK*)

Sarah Connacher, Lead Specialist Nurse Practitioner (*Fracture Prevention & Osteoporosis Service, Oxford, UK*)

Professor Emma Duncan, Professor of Clinical Endocrinology (*Kings College London, London, UK*) & Honorary Consultant Endocrinologist (*Guy's and St Thomas' NHS Foundation Trust, London, UK*)

Professor Celia Gregson, Consultant Orthogeriatrician (*University of Bristol, Bristol, UK*)

Professor Richard Keen, Consultant Rheumatologist (*Stanmore, UK*)

Professor Terence O'Neill, Professor of Rheumatology and Clinical Epidemiology (*University of Manchester, UK*)

Dr Karen Partington, Consultant Musculoskeletal Radiologist (*Oxford, UK*)

Dr Zoe Paskins, Professor of Rheumatology and Honorary Consultant (*Keele University, Staffordshire, UK*)

PROGRAMME

Tuesday 23 March 2027 - OSTEOPOROSIS (1)

10:30	REGISTRATION
11:00	Welcome
11:05	Basic bone biology for clinicians <i>David Armstrong (Londonderry)</i>
11:45	Epidemiology of osteoporosis <i>Terence O'Neill (Manchester)</i>
12:25	Update on osteoporosis therapies <i>Tash Masud (Nottingham)</i>
13:05	LUNCH
14:00	Vertebral fractures <i>Zoe Paskins (Keele)</i>
14:40	Menopausal hormonal treatment and bone health - risks, benefit and practical prescribing <i>Katie Barber (Oxford)</i>
15:20	Practical issues in assessing and treating osteoporosis <i>Richard Keen (Stanmore)</i>
16:00	REFRESHMENT BREAK
16:30	Case-based discussions Cancer and bone: Endocrine chemotherapy associated bone loss & myeloma MGUS and ONJ cases DMAB low calcium <i>David Armstrong, Tash Masud & Kassim Javaid</i>
17:30	END OF SESSIONS
19:00	FREE EVENING – Optional drinks in College Bar and Walking Tour of Oxford

Wednesday 24 March 2027 – OSTEOPOROSIS (2), FALLS AND FRAILTY

08:45	Secondary osteoporosis <i>Zoe Paskins (Keele)</i>
09:25	Challenges of managing low BMD in hypogonadal women <i>Alex Comninou (Imperial)</i>
10:05	Safety issues with osteoporosis treatments <i>Bo Abrahamsen (Holbæk)</i>
10:45	REFRESHMENT BREAK
11:10	Workshops on osteoporosis investigation and treatment - case based approach Interpreting and reporting DEXA scans <i>David Armstrong (NI)</i> Making the decision with patients <i>Zoe Paskins (Keele)</i> Renal bone disease <i>Kassim Javaid (Oxford)</i> Lifestyle factors in osteoporosis <i>Tash Masud (Nottingham)</i>
13:05	LUNCH
14:00	Falls <i>Tash Masud (Nottingham)</i>
14:35	Fracture Liaison Services <i>Sarah Connacher (Oxford)</i>
15:10	In patient management of hip fractures <i>Celia Gregson (Bristol)</i>
15:45	REFRESHMENT BREAK
16:15	Osteoporosis and link with sarcopenia, frailty and nutrition <i>Celia Gregson (Bristol)</i>
16:50	General panel discussion with faculty: Q&A
17:30	END OF SESSIONS
18:45	RECEPTION AND COURSE DINNER (The Hall - Merton College)

Thursday 25 March 2027 – OTHER METABOLIC BONE DISEASES

08:45	Paget's, OI, hypophosphatasia, FOP <i>Richard Keen (London)</i>
09:20	Fibrous dysplasia, achondroplasia, pyrophosphate disorders <i>Kassim Javaid (Oxford)</i>
09:55	Osteomalacia and related disorders including transgender bone health <i>Richard Keen (London)</i>
10:35	REFRESHMENT BREAK
11:00	Common calcium disorders – hyperparathyroidism and hypocalcaemia <i>Bo Abrahamsen (Holbæk)</i>
11:35	Radiology of rare bone diseases <i>Karen Partington (Oxford)</i>
12:05	Genetic testing in the clinic: The basics <i>Emma Duncan (London)</i>
12:35	Expect the unexpected in your clinic: some interesting cases <i>Chairs: Tash Masud & Kassim Javaid</i>
	Delegate Case 1 – TBC Delegate Case 2 – TBC Delegate Case 3 – TBC
13:05	Close of course <i>Tash Masud & Kassim Javaid</i>
13:10	BUFFET LUNCH IN MERTON HALL
14:00	DELEGATES DEPART