OSTEOPOROSIS
& OTHER METABOLIC BONE DISEASES

A training course organised by the Bone Research Society

13-15 April 2015
St Catherine’s College, Oxford, UK

PROGRAMME

FACULTY AND ORGANISING COMMITTEE

Chairs:
Professor Tash Masud, Consultant Gerontologist, Nottingham University Hospital NHS Trust
Professor Jon Tobias, Consultant Rheumatologist, North Bristol NHS Trust
Professor Bo Abrahamsen, Consultant Physician (Endocrinology and Internal Medicine), Glostrup Hospital, Copenhagen
Professor Cyrus Cooper, Consultant Rheumatologist, Southampton University Hospitals NHS Trust & Chair of Musculoskeletal Science at the University of Oxford
Dr Adam Darowski, Consultant Geriatrician, Oxford University Hospitals NHS Trust
Dr Kassim Javaid, Consultant Rheumatologist, Oxford University Hospitals NHS Trust
Dr Richard Keen, Consultant Rheumatologist, Stanmore
Dr Peter Selby, Consultant Endocrinologist, Manchester Royal Infirmary
Dr Mike Stone, Consultant Physician & Director of Bone Research, University of Cardiff
Mr David Wilson, Consultant Musculoskeletal Radiologist, Oxford

The course is organised by the Bone Research Society with the support of Unrestricted Educational Grants from Amgen, Consilient, Internis and Eli Lilly.
MONDAY 13 APRIL - OSTEOPOROSIS

10:30  REGISTRATION

11:00  Welcome

11:05  Basic bone biology
  Jon Tobias (Bristol)

11:50  Epidemiology of osteoporosis
  Cyrus Cooper (Oxford)

12:35  LUNCH

13:45  Update on osteoporosis therapies
  Tash Masud (Nottingham)

14:30  Safety issues with bisphosphonates
  Bo Abrahamsen (Copenhagen)

15:15  Practical issues in treating osteoporosis
  Richard Keen (Stanmore)

15:45  REFRESHMENT BREAK

16:15  Debate/case-based discussion
  Richard Keen (Stanmore)/Tash Masud (Nottingham)/Mike Stone (Cardiff)/Jon Tobias (Bristol)

17:00  Secondary osteoporosis
  Peter Selby (Manchester)

17:40  END OF SESSIONS

19:00  DINNER (St Catherine’s College)
TUESDAY 14 APRIL – ASSESSMENT, FALLS AND METABOLIC BONE DISEASE

09:00 Bone radiology
   David Wilson (Oxford)

09:40 Uses and abuses of Fracture Prediction Tools
   Richard Keen (Stanmore)

10:20 Interpreting and reporting DEXA scans
   Jon Tobias (Bristol)

11:00 REFRESHMENT BREAK

11:30 Fall prevention strategies
   Tash Masud (Nottingham)

12:00 How to assess and manage a faller in clinic?
   Adam Darowski (Oxford)

12:30 Round Table Discussion

12:45 LUNCH

13:45 Renal bone disease
   Mike Stone (Cardiff)

14:15 Paget’s disease of the bone - what happens when osteoclasts get out of control?
   Peter Selby (Manchester)

14:45 REFRESHMENT BREAK

15:15 Management of hypercalcaemia and hyperparathyroidism
   Mike Stone (Cardiff)

15:45 Other metabolic bone diseases
   Richard Keen (London)

16:15 Workshops on clinical issues in management of metabolic bone diseases
   1. Osteoporosis service development
      Kassim Javaid (Oxford)
   2. Early onset osteoporosis
      Peter Selby (Manchester)
   3. Case-based discussions in metabolic bone disease
      Richard Keen (Stanmore)

17:45 END OF SESSIONS

19:00 RECEPTION and COURSE DINNER (Wadham College)
WEDNESDAY 15 APRIL - MISCELLANEOUS

08:45  Vertebral fractures
       Jon Tobias (Bristol)

09:15  Practical Workshops

1.  Expect the unexpected in your clinic: some interesting cases
    Bo Abrahamsen (Copenhagen)

2.  Bone markers for the jobbing clinician
    Tash Masud (Nottingham)

3.  Managing patients with painful vertebral fractures
    Jon Tobias (Bristol)

10:45  REFRESHMENT BREAK

11:15  The benefits and harm of calcium and vitamin D in treating osteoporosis
       Bo Abrahamsen (Copenhagen)

11:45  Osteomalacia
       Bo Abrahamsen (Copenhagen)

12:15  Non pharmacological treatments for osteoporosis
       Tash Masud (Nottingham)

12:45  CLOSE OF COURSE

12:50  LUNCH