OSTEOPOROSIS
& OTHER METABOLIC BONE DISEASES

A training course organised by the
Bone Research Society

16-18 March 2016
St Anne’s College, Oxford, UK

PROGRAMME

FACULTY AND ORGANISING COMMITTEE

Chairs:
Professor Tash Masud, Consultant Gerontologist, Nottingham University Hospital NHS Trust
Professor Jon Tobias, Consultant Rheumatologist, North Bristol NHS Trust
Professor Bo Abrahamsen, Consultant Endocrinologist, Holbæk Hospital, Holbæk, Denmark
Professor Cyrus Cooper, Consultant Rheumatologist, Southampton University Hospitals NHS Trust & Chair of Musculoskeletal Science at the University of Oxford
Dr Adam Darowski, Consultant Geriatrician, Oxford University Hospitals NHS Trust
Dr Kassim Javaid, Consultant Rheumatologist, Oxford University Hospitals NHS Trust
Dr Richard Keen, Consultant Rheumatologist, Stanmore
Dr Nicky Peel, Consultant Physician and Honorary Senior Clinical Lecturer in Metabolic Bone Medicine, Sheffield
Dr Peter Selby, Consultant Endocrinologist, Manchester Royal Infirmary
Dr Mike Stone, Consultant Physician & Director of Bone Research, University of Cardiff
Mr David Wilson, Consultant Musculoskeletal Radiologist, Oxford

The course is organised by the Bone Research Society with the support of Unrestricted Educational Grants from Amgen, Consilient, Internis and Eli Lilly.
WEDNESDAY 16 MARCH - OSTEOPOROSIS

10:30  REGISTRATION
11:00  Welcome
11:05  Basic bone biology  
      Jon Tobias (Bristol)
11:50  Epidemiology of osteoporosis  
      Cyrus Cooper (Oxford)
12:35  LUNCH
13:45  Update on osteoporosis therapies  
      Tash Masud (Nottingham)
14:30  Safety issues with osteoporosis treatments  
      Bo Abrahamsen (Copenhagen)
15:15  Practical issues in treating osteoporosis  
      Richard Keen (Stanmore)
15:45  REFRESHMENT BREAK
16:15  Debate/case-based discussion  
      Richard Keen (Stanmore)/Tash Masud (Nottingham)/Nicky Peel (Sheffield)/Jon Tobias (Bristol)
17:00  Secondary osteoporosis  
      Nicky Peel (Sheffield)
17:40  END OF SESSIONS
19:00  DINNER (St Anne's College)
THURSDAY 17 MARCH – ASSESSMENT, FALLS AND METABOLIC BONE DISEASE

08:45  Bone radiology
       David Wilson (Oxford)

09:25  Uses and abuses of Fracture Prediction Tools
       Richard Keen (Stanmore)

10:05  Interpreting and reporting DEXA scans
       Nicky Peel (Sheffield)

10:45  REFRESHMENT BREAK

11:15  Fall prevention strategies
       Tash Masud (Nottingham)

11:45  How to assess and manage a falling in clinic?
       Adam Darowski (Oxford)

12:15  Round Table Discussion

12:30  LUNCH

13:30  Renal bone disease
       Mike Stone (Cardiff)

14:15  Paget’s disease of the bone – diagnosis and treatment
       Peter Selby (Manchester)

14:45  REFRESHMENT BREAK

15:15  Management of hypercalcaemia and hyperparathyroidism
       Mike Stone (Cardiff)

15:45  Other metabolic bone diseases
       Richard Keen (London)

16:15  Workshops on clinical issues in management of metabolic bone diseases

   1. Early onset osteoporosis
      Peter Selby (Manchester)

   2. Case-based discussions in metabolic bone disease
      Richard Keen (Stanmore)

   3. Managing patients with painful vertebral fractures
      Jon Tobias (Bristol)

17:45  END OF SESSIONS

19:30  RECEPTION and COURSE DINNER (Balliol College)
FRIDAY 18 MARCH - MISCELLANEOUS

08:45  Vertebra fractures  
Jon Tobias (Bristol)

09:15  Practical Workshops

1. Expect the unexpected in your clinic: some interesting cases  
   Bo Abrahamsen (Copenhagen)

2. Bone markers for the jobbing clinician  
   Nicky Peel (Sheffield)

3. Osteoporosis service development  
   Kassim Javaid (Oxford)

10:45  REFRESHMENT BREAK

11:45  Osteomalacia  
Kassim Javaid (Oxford)

11:15  The benefits and harm of calcium and vitamin D in treating osteoporosis  
Bo Abrahamsen (Copenhagen)

12:15  Non pharmacological treatments for osteoporosis  
Tash Masud (Nottingham)

12:45  CLOSE OF COURSE

12:50  LUNCH