BRS Oxford Clinical Training Course in Osteoporosis and Other Metabolic Bone Diseases 2023

Monday 27 – Wednesday 29 March 2023
(Merton College, Oxford, UK)

FACULTY AND ORGANISING COMMITTEE

Chairs:
Professor Tash Masud, Consultant Gerontologist (Nottingham University Hospital, NHS Trust, Nottingham, UK)
Dr Kassim Javaid, Consultant Rheumatologist (Oxford University Hospitals NHS Trust, Oxford, UK)

Faculty:
Professor Bo Abrahamsen, Consultant Endocrinologist (Holbæk Hospital, Holbæk, Denmark)
Dr Katie Barber, Clinical Director and Accredited Menopause Specialist Oxford Menopause (Oxford, UK)
Professor Emma Clark, Rheumatology & Osteoporosis Consultant (North Bristol NHS Trust, Bristol, UK)
Dr Adam Darowski, Consultant Geriatrician (Oxford University Hospitals NHS Trust, Oxford, UK)
Professor Emma Duncan, Consultant Endocrinologist (Kings College, London, UK)
Professor Celia Gregson, Consultant Gerontologist (Royal United Hospital, Bath, UK)
Professor Richard Keen, Consultant Rheumatologist (Stanmore, UK)
Professor Terence O’Neill, Professor of Rheumatology and Clinical Epidemiology (University of Manchester, UK)
Dr Karen Partington, Consultant Musculoskeletal Radiologist (Oxford, UK)
Dr Zoe Paskins, Honorary Consultant Rheumatologist (Keele University, Staffordshire, UK)
Professor Mike Stone, Consultant Physician & Director of Bone Research (University of Cardiff, Cardiff, UK)
Professor Jon Tobias, Consultant Rheumatologist (North Bristol NHS Trust, Bristol, UK)
PROGRAMME

Monday 27 March - OSTEOporosis (1)

10:30  REGISTRATION

11:00 Welcome

11:05 Basic bone biology
Jon Tobias (Bristol)

11:45 Epidemiology of osteoporosis
Terence O’Neill (Manchester)

12:25 Update on osteoporosis therapies
Tash Masud (Nottingham)

13:05 LUNCH

14:00 Menopausal Hormonal Treatment and bone health - risks, benefit and practical prescribing
Katie Barber (Oxford, UK)

14:40 Safety issues with osteoporosis treatments
Bo Abrahamsen (Holbæk)

15:20 Practical issues in treating osteoporosis
Richard Keen (Stanmore)

16:00 REFRESHMENT BREAK

16:30 Case-based discussions
AFF on ALN (Kassim Javaid)
Hip fracture with risk factors for ONJ (Tash Masud)
Hypocalcaemia after Dmab (Zoe Paskins)
Very low BMD and multiple VFs requiring anabolic therapy as first line (Jon Tobias)

17:30 END OF SESSIONS

19:00 DINNER (Merton College)
Tuesday 28 March – OSTEOPOROSIS (2), FALLS AND FRAILTY

08:45  Secondary osteoporosis  
Zoe Paskins (Keele)

09:25  Renal bone disease  
Mike Stone (Cardiff)

10:05  Vertebral fractures  
Emma Clark (Bristol)

10:45  REFRESHMENT BREAK

11:10  Workshops on osteoporosis investigation and treatment

- Interpreting and reporting DEXA scans  
  Jon Tobias (Bristol)

- Bone markers  
  Zoe Paskins (Keele)

- Early onset osteoporosis  
  Emma Clark (Bristol)

- Lifestyle factors in osteoporosis  
  Tash Masud (Nottingham)

13:05  LUNCH

14:00  Non-pharmacological treatments  
  Tash Masud (Nottingham)

14:35  Fracture Liaison Services  
  Kassim Javaid (Oxford)

15:10  In patient management of hip fractures  
  Celia Gregson (Bath)

15:45  REFRESHMENT BREAK

16:15  Osteoporosis and link with sarcopenia, frailty and nutrition  
  Celia Gregson (Bath)

16:50  Falls prevention, assessment and management strategies (35 mins)  
  Adam Darowski (Oxford)

17:25  END OF SESSIONS

18:45  RECEPTION AND COURSE DINNER (Wadham College)
Wednesday 29 March – OTHER METABOLIC BONE DISEASES

08:45  Paget’s and rare bone diseases
       Richard Keen (London)

09:20  Calcium and phosphate homeostasis
       Kassim Javaid (Oxford)

09:55  Osteomalacia and related disorders
       Emma Duncan (London)

10:35  REFRESHMENT BREAK

11:00  Management of hypercalcaemia and hyperparathyroidism
       Mike Stone (Cardiff)

11:35  Radiology of rare bone diseases
       Karen Partington (Oxford)

12:05  Genetic testing in the clinic: The basics
       Emma Duncan (London)

12:20  Expect the unexpected in your clinic: some interesting cases
       Chair - Bo Abrahamsen (Holbæk)

       Case 1 - Expect the unexpected in a bone health clinic
       Maria Bonnici (Leeds)

       Case 2 – A possible metabolic disorder
       Sagen Zac-Varghese (Stevenage)

12:50  Close of course
       Tash Masud and Kassim Javaid

13:00  BUFFET LUNCH IN MERTON HALL

14:00  DELEGATES DEPART